

Person Centred Planning

This listing includes selected resources which are suitable for adults with an intellectual disability, or can be used in conjunction with adults with an intellectual disability.

To request an item please phone 9387 0458 or email us at library@activ.asn.au

The complete library catalogue can be searched via the Activ Library website: <http://www.activ.asn.au/library>

About Me And My Life / United Response.

London, United Response : 2007. 1 CD-ROM + 27 p. booklet

This multimedia tool is designed to help people with communication impairments to communicate with others about people and things that are important in their lives. It consists of a CD-ROM and booklet to help create communication tools which can be used to: create a person centred plan; create a journal of someone's life, their likes and dislikes, families and friends; show someone's communication needs; design a CV; create a photo album; illustrate personal choices; and tell a story.

CC 362.38 ABO

P12287

All In A Life's Design : Planning Independent Living. A Resource Handbook For Parents With A Young Adult With A Disability Moving Out Of Home / DISABILITY SERVICES COMMISSION.

West Perth, Disability Services Commission : 2006. 54 p., app.

This booklet aims to provide a practical guide to parents who are looking at the possibility of their son or daughter moving out of home. It includes information on the following: community resources; income support and funding programs; financial planning; education, training and informal learning; employment, accommodation; independent living; health issues; and safeguards and strategies to manage new responsibilities and demands. Also included are the experiences of a number of young people and their families. The appendices provide information on a number of community resources, as well as resources specific to the Albany region.

CC 362.313 ALL

P12031

Changing Our Days: Finding Ways To Get What You Want From Life / Whitaker, Andrea.

London, King's Fund Publishing : 1999. 87p + CD

First published as part of the book, Days of Change as a shortened easy-to-read version of the complete text, this edition comprises a handbook and CD to help people with intellectual disabilities have better day opportunities. Suitable for people with an intellectual disability

CC 362.38 WHI

P09713

Communication For Person Centred Planning

Foundation for People with Learning Disabilities : 2001.

This information pack was designed to help staff, self advocates, families and friends to make communication better. The aim is to help people who are working in a Person Centred way, to better understand the communication styles of self advocates.

<http://www.fpld.org.uk/EasysiteWeb/getresource.axd?AssetID=14948&type=full&servicetype=attachment> - Click link to access website

How To Be In Control

Birmingham, UK, in Control Publications : 2007. 1 DVD

People on this DVD show how how their councils in Britain are moving away from the old systems in social services support towards "Self-Directed Support". People using Individual Budgets talk about how to take charge of funding, support and life.

CC 362.38 HOW

P13038

It's My Choice / Allen, William T.

St Paul, Minn., Minnesota Governor's Council on Developmental Disabilities : [2008]. 90 p.

This online guide is designed to help people with an intellectual disability clarify the important things in their life and assist them in planning their future. It includes activities and checklists which can be copied and used in a variety of ways. Some of the topics covered include individual plans and planning, transition planning, employment planning, housing and workplace checklists, life quality and self advocacy.

http://www.mnddc.org/extra/publications/choice/Its_My_Choice.pdf - Click link to access website

It's My Life

Rotherham, Speakup Self Advocacy : 1999. 1 videocassette (8 min.)

Focusing on all the things Alison wants to do now and in the future, this video demonstrates how she can take control of her life and achieve her hopes and desires with the right kind of help. It is designed for people with an intellectual disability. See also part 2 of this story "It's still my life" [P12011/P12117] and part 3 "It's still your life" [P12290].

CC 362.38 ITS

P12116 P10494

It's My Meeting! A Family/Consumer Pocket Guide To Participating In Person-Centered Planning Meetings / Dileo, Dale.

St. Augustine, FL, Training Resource Network : 1996. 20 p.

A guide to setting up and conducting meetings on person centered planning for persons with a disability. Looks at how to plan for the future by setting life goals and what action to take to achieve these goals.

CC 362.38 DIL

P10556

It's Never Too Early, It's Never Too Late. A Booklet About Personal Futures Planning For Persons With Developmental Disabilities, Their Families And Friends, Case Managers, Service Providers And Advocates / Mount, Beth.

St Paul, Minn., Metropolitan Council : 1988. 45p. ill.

CC 362.38 MOU

P01411

It's Still My Life? Part 2 Of The Friendly Video About Person Centred Life Planning

Rotherham, Speakup Self Advocacy : 2001. 1 DVD (10 min.)

This video is the continuation of "It's my life" [P12116/P10494] and shows how far Alison has got with her plans for the future. This year she has gone on a holiday, moved into a new flat, and had a new hair cut. It is designed for people with an intellectual disability. See also Part 3 "It's still your life!" [P12290].

CC 362.38 ITS

P12011 P12117

It's Still Your Life!

Rotherham, Speakup Self Advocacy : 2008. 1 DVD

The third DVD in the series about person centred planning, this DVD looks at different ways people with disabilities can plan their lives. It looks at four different tools used to help people make a person centred plan: MAP; PATH; Health Action and Essential Lifestyle Planning. This DVD is a continuation of "It's my life" [P12116/P10494] and "It's still my life?" [P12011/P12117].

CC 362.38 ITS

P12290

Life Story Books For People With Learning Disabilities : A Practical Guide / Hewitt, Helen.

Kidderminster, Worcs., BILD Publications : 2006. 70 p.

A life story book is an account of a person's life, including stories and memories of past events and relationships. This book provides easy-to-follow advice for creating life story books. It is aimed at all client groups and levels of ability, and can be used by people with intellectual disabilities, or with those working with them. In addition to helping the person with disabilities, it is designed to enable others to see beyond the 'client' and appreciate that each person has a unique life history.

CC 362.38 HEW

P12163

Person Centered Planning For Later Life: A Curriculum For Adults With Mental Retardation / Sutton, Evelyn; Heller, Tamar; Sterns, Harvey L; Factor, Alan; Miklos, Suzanne.

Akron, Ohio, Rehabilitation Research and Training Center (RRTC) on Aging with Mental Retardation : 1994. 1 vol (looseleaf - 148p + appendices)

A training programme for older adults with intellectual disability. The program is designed to assist people to develop their decision making and problem solving skills. Particular issues that are covered include exercise, health, friendship, leisure activities and retirement. The program is designed for use with a group, facilitated by an instructor.

CC 362.38 SUT

P09535

Self Determination: Understanding The Core Principles Needed For People With Disabilities To Control Their Own Lives / Nerney, Thomas.

St. Augustine, FL, Training Resource Network : 2001. 22 p.

Offers advice to individuals with an intellectual disability on the principles of self determination. Discusses problems that people with disabilities have to face and offers solutions such as budgeting, planning and independent support.

CC 362.38 NER

P10558

We Can Dream : Ways Of Planning For The Future For Young People With Autistic Disorders / Davies, Jill; Burke, Christine; Mattingly, Molly.

London, Foundation for People with Learning Disabilities : 2009. 19 p. ; 30 cm.

This booklet is for young people and their families, friends and supporters to read and talk about together. It is based on the stories of four young people and is aimed to give good ideas on what to do when a person with learning disabilities leaves full time education so that they can have a meaningful life. It seeks to demonstrate that with careful planning, time and the right people to help- change can happen. It looks at ways of supporting people with autism through the person centred process. Can be downloaded at <http://www.learningdisabilities.org.uk/publications/?entryid5=32524>

SC/AUT DAV

P12854