

Protective Behaviour Skills

This listing includes selected resources which are suitable for adults with an intellectual disability, or can be used in conjunction with adults with an intellectual disability.

To request an item please phone 9387 0458 or email us at library@activ.asn.au.

The complete library catalogue can be searched via the Activ Library website: <http://www.activ.asn.au/library>.

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Abuse Is Bad

Rotherham, Speakup Self Advocacy : 2004. 1 DVD (26 min.)

This film shows you abuse can mean, where it might happen and how it might be stopped. Different types of abuse are shown and discussed including verbal, physical, psychological, sexual and financial abuse, neglect, and discrimination. The film shows "bad" scenes where someone is being abused and "good" scenes where someone is being respected. Advice about how to deal with abuse is given.

CC 345.01 ABU

P12010

Coping With Crime: A Skills Book For People With Learning Difficulties / Gyde, Karen; Henry, Lorna; Williams, Christopher. / ACTA; NORAH FRY RESEARCH INSTITUTE.

Brighton, Pavilion Publ. : 1995. 48p

The book was produced by a group of people with intellectual disabilities who had been using drama to tell audiences about the bullying and victimisation they were suffering. Suitable for people with an intellectual disability it is designed to develop practical skills for preventing and coping with crime. It is also included in the "Cracking crime" video and resource pack at P05888.

CC 345 GYD

p09455

Cracking Crime: A Learning And Resource Pack On Coping With Crime For People With Learning Difficulties / Gyde, Karen; Henry, Lorna; Williams, Christopher. / ACTA; NORAH FRY RESEARCH INSTITUTE.

Brighton, Pavilion Publ. : 1995. 1 videocassette (20 min.) + 71p., 48p.

This video and accompanying material is for people with intellectual difficulties to use with supporters. It was conceived and produced by victims with intellectual disabilities. It talks about what crime is, what to do if you are a victim, dealing with the police and what happens in court. Booklet 'Coping with crime' p09455 is available for loan separately

CC 345 CRA

P05888

Feel Safe: Promoting Self Protection For Young People / FAMILY PLANNING QUEENSLAND.

[Brisbane?], Family Planning Queensland : 2002. 1 CD-ROM

An interactive program that teaches young people, with learning needs, between the ages of twelve and sixteen how to protect themselves against unwanted touch. There are nine fun games following the lives of six young people. Also included are facilitator notes.

CC 612.6071 FAM

P10573

Out Of Harm's Way: A Safety Kit For People With Disabilities Who Feel Unsafe And Want To Do Something About It / ROEHER INSTITUTE.

North York, Ont., Roeher Institute : 1997. 68p

Developed for people with a disability the safety kit can be used to make their lives safer.

CC 345.01 OUT

P08219

Responding Positively To Sexual Behaviours : The Traffic Lights Model

Fortitude Valley, Qld, Family Planning Queensland : 2007. 1 DVD (18 min.) + 1 CD-ROM + leaflet

Aimed at the development of healthy sexuality and to protect young people from harm and abuse, this resource is about identifying age appropriate sexual play in children and adolescents, and then assessing and responding to the sexual behaviour. It uses a traffic light framework of red, orange and green light behaviours to identify appropriate behaviours at various ages. It explains that all behaviours need some level of attention and support. The DVD uses a narrative structure based on real life situations and is not suitable for viewing by children.

CC 612.6071 RES

P12252

Right To Know About ... Personal Safety, Friendships, Sexuality. Module Three: Personal Safety. Unit Five: Abuse Preventative Strategies / DOWN SYNDROME SOCIETY OF SOUTH AUSTRALIA INC.

Tranmere, SA, Down Syndrome Society of SA Inc. : 2002. 85p., ill.

Part of a series devised to provide a developmental approach to teaching young people with Down syndrome about personal safety, human relationships, sexuality and friendships. A structured protective behaviour programme for students with Down syndrome

SC/DOW DOW

P10408

Right To Know About ... Personal Safety, Friendships, Sexuality. Module Three: Personal Safety. Unit Four: Assertiveness Training / DOWN SYNDROME SOCIETY OF SOUTH AUSTRALIA INC.

Tranmere, SA, Down Syndrome Society of SA Inc. : 2002. 62p., ill.

Part of a series devised to provide a developmental approach to teaching young people with Down syndrome about personal safety, human relationships, sexuality and friendships. This unit uses role-play to teach assertiveness and the appropriate body language and words so students can respond to potentially unsafe situations in a convincing way

SC/DOW DOW

P10407

Right To Know About ... Personal Safety, Friendships, Sexuality. Module Three: Personal Safety. Unit Three: Safety In The Community / DOWN SYNDROME SOCIETY OF SOUTH AUSTRALIA INC.

Tranmere, SA, Down Syndrome Society of SA Inc. : 2002. 71p., ill.

Part of a series devised to provide a developmental approach to teaching young people with Down syndrome about personal safety, human relationships, sexuality and friendships. This unit focuses on teaching the student with Down syndrome how to identify safe situations at home and in the community

SC/DOW DOW

P10406

Right To Know About ... Personal Safety, Friendships, Sexuality. Module Three: Personal Safety. Unit Two: Interpersonal Boundaries / DOWN SYNDROME SOCIETY OF SOUTH AUSTRALIA INC.

Tranmere, SA, Down Syndrome Society of SA Inc. : 2002. 70p., ill.

Part of a series devised to provide a developmental approach to teaching young people with Down syndrome about personal safety, human relationships, sexuality and friendships. The Interpersonal Boundaries Program is based on the Circles Concept that different behaviour is appropriate in different circles and is used to educate students about the appropriate greetings to be used with acquaintances, friends and strangers

SC/DOW DOW

P10405

Safety First

Rotherham, Speakup Self Advocacy : 2001. 1 videocassette (15 min.)

This video alerts the viewer to potential dangers in the home and demonstrates how to avoid accidents, particularly in the kitchen, living area, bathroom and stairs. It also looks at ways to reduce the risk to a woman's personal safety in relation to walking, using a mobile phone and securing handbags. It is designed for people with an intellectually disability.

CC 371.928 SAF

P10492

Scared Of Getting Lost ? / Graves, Sue.

Lancashire, SEN Press : 2006. 16 p.

Seventeen year old Jason tells the story of how he got lost at the beach when he was younger and what he did to find help. An easy to read story that covers the themes disorientation and getting lost, common sense measures to take, staying calm, stranger danger, asking for help and procedures to rehearse. Suitable for teenagers 14-19 years of age and people with intellectual disabilities.

CC 371.928 GRA

P11713

Scared Of The Dark ? / Clarke, Peter.

Lancashire, SEN Press : 2006. 16 p.

When David walks home from his friend's house he finds the street dark and scary. David needs to get home as quickly and safely as possible. An easy to read story that covers themes of personal safety, real and imagined dangers, feelings of fear and anxiety and independent living skills. Suitable for teenagers in the 14-19 year age group and people with intellectual disabilities.

CC 371.928 CLA

P11714

**Teenagers' Guide To The Galaxy.
Part 2.**

Assertive With Adults.

Puberty, Periods And Pimples.

Girls, Boys And Sex.

Friendships, Making And Breaking.

Bullying And Teasing

Eight Mile Plains, QLD, Marcom Projects Pty Ltd : [2005]. 1 DVD (80 mins)

Episode 6 - Assertive with adults. Explores how to negotiate with adults and work toward a positive outcome incorporating role play with many examples. Episode 7 - Puberty, periods and pimples. Episode 8 - Girls, boys and sex. Discusses sexuality and sexual identity. Episode 9 - Friendships, making and breaking. Looks at how people make friends as young people discuss their friendships openly. Explores making friends, staying friends and assessing the value of friendship. Episode 10 - Bullying and teasing. Explores how to cope with bullying and teasing in the playground.

CC 362.7 TEE

P11993 P12322