

Self Advocacy

This listing includes selected resources which are suitable for adults with an intellectual disability, or can be used in conjunction with adults with an intellectual disability.

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January 2010

Advocacy Workbook For People With Learning Difficulties / Loveman, Lisa; England, Paul; Unsted, Nicky.

Kidderminster, Worcs., BILD Publications : 2001. [22p]., ill.

An illustrated workbook to help people with an intellectual disability decide whether they would like to have an advocate. If a decision is then made that they would like an advocate it goes on to explain how to get one. The text is illustrated using Makaton signs.

CC 346.0131 LOV

P10247

Consent Handbook For Self Advocates And Support Staff / Terrill, Cathy Ficker Ed.

Washington DC, AAMR : 1999. 36p

Designed for people with intellectual disabilities to use with their support staff, this booklet looks at consent issues in various common situations, such as finding a home, consumer rights and sexuality. Legal matters such as dealing with the police, guardianship, serving in court and making a will are also covered.

CC 346.0131 CON

P08999

Going To Court / Hollins, Sheila; Sinason, Valerie; Boniface, Julie.

Lond, St. George's Mental Health Library : 1994.

This book is about being a witness in a court and suitable for people with an intellectual disability. The story is told in pictures without any words - what a person says in court must be his or her own words

CC 345 HOL

P05584

Guidelines For Supporting People With A Learning Disability On Committees / Mendonca, Penny. / NATIONAL FEDERATION OF GATEWAY CLUBS.

London, Mencap : [1997]. 26p.ill.

Although self-advocacy is a worthy goal, there can be problems when people with intellectual disabilities take up roles on organising committees for the services they use. Using a specific example, this booklet clearly outlines the principles of self-advocacy, the problems encountered and strategies to overcome them.

CC 346.013 MEN

p08840

Introducing Advocacy.

The First Book Of Speaking Up: A Plain Text Guide To Advocacy / Tufail, John; Lyon, Kate.

London, Jessica Kingsley : 2007. 95 p.

The first of four books in the Speaking Up set, this book promotes self-advocacy to disabled individuals who want to learn to speak up for themselves. Topics covered in this first book include the concept of advocacy, appropriate advocacy models, and different forms of advocacy such as campaign advocacy, crisis or intervention advocacy, volunteer advocacy and health complaints advocacy.

HS 346.013 TUF

P11900

It's My Future ! Planning For What I Want In My Life: A Self-Directed Planning Process / Bolding, Nancy L.; Wehmeyer, Michael L.

Silver Springs, Md, ARC : 1999. 309p

A self-directed planning process designed for use by adults with intellectual and developmental disabilities. The process enables individuals to identify abilities and interests and acquire skills in decision-making, goal-setting and small group communication in order that they can take an active role in planning their lives

CC 346.0131 BOL

P09664

Let Me Speak : Self Advocacy Skills Development For People With Disabilities Who Are From Culturally And Linguistically Diverse Backgrounds / ETHNIC DISABILITY ADVOCACY CENTRE.

Subiaco, WA, Ethnic Disability Advocacy Centre : 2005. 94 p. + 1 CD-ROM

A self teaching resource for people with disabilities who are from a culturally and linguistically diverse background. The step by step activities allow the student to work at their own pace and adapt the lessons to meet their personal needs. The manual can also be used in a group session under the guidance of a person with experience and knowledge of disability and cultural issues. Topics covered in the manual include understanding self advocacy, acquiring skills for self advocacy, rights and responsibilities, assessing the problem, finding information and solutions and using conflict resolution skills.

CC 346.0131 LET

P11269

Listen Up! Speak Up! The Third Book Of Speaking Up: A Plain Text Guide To Advocacy / Tufail, John; Lyon, Kate.

London, Jessica Kingsley : 2007. 53 p.

Designed for use in formal and informal learning situations, this training book uses examples of advocacy to explore such topics as: how to be a good advocate, how to learn how to listen to and work with an advocacy partner and how to explain how to prepare for, and behave in meetings.

HS 346.013 TUF

P11898

Looking At Our Services: Service Evaluation By People With Learning Difficulties. A Book For People With Learning Difficulties And Their Supporters Who Want To Get Involved In Evaluating Services / Whittaker, Andrea Ed.

London, King's Fund : 1997. 58p., ill.

The main aim of this book is to help people with an intellectual disability to get involved in evaluating their own services. It is written for people with an intellectual disability and for supporters and staff who work closely with them using a combination of words and pictures

CC 362.3082 LOO

P08792

Not Just Painted On: A Report On The First Ever Conference Run By And For People With Down's Syndrome / PEOPLE FIRST.

Lond., People First : [1996]. 22p + 1 cassette (20 mins)

The book and the tape describes a conference which was organized by people with Down Syndrome. At the conference people talked about the things that were important to them including work, money, relationships and sex, labelling, bullying and rights

SC/DOW NOT

P05941

One Of Us / WA ASSOCIATION FOR SELF ADVOCACY INC.

West Perth, The Association : 1992. 1 videocassette (13 min.)

Looks at the rights of individuals to live in the community and for them to receive appropriate support to be able to do this. Suitable for people with a disability

SC/V DOW ONE

P04715

Rules And Standards.**The Second Book Of Speaking Up : A Plain Text Guide To Advocacy /**

Tufail, John; Lyon, Kate.

London, Jessica Kingsley : 2007. 52 p.

This advocacy training book aims to encourage an equal partnership between advocate and user, where the shared goal is to expand the life skills of the individual with learning difficulties. It is accessible to those with a wide range of literacy needs, including high learning needs and is designed for use in formal and informal learning situations.

HS 346.013 TUF

P11891

Speaking Out : Getting Your Message Across / DISABILITY SERVICES COMMISSION.

[Perth], Elephant Productions : 2004. 1 videocassette (17 mins.)

Provides information to people with disabilities and their families and carers on how to advocate for change. Based on real life scenarios, the video discusses where people with disabilities might want to advocate for change and the steps they need to follow for progress to take place.

CC 346.0131 SPE

P10644

Speaking Up For Myself / Hollins, Sheila; Kopper, Lisa Ill. / ROYAL COLLEGE OF PSYCHIATRISTS.

London, Gaskell Press : 2001. 37 p.

Two situations where the characters have to overcome difficulties to get a good service are illustrated. The stories show that everyone (regardless of intellectual ability) has a voice, a right to be heard, a choice about how they want to be treated, and can involve others if problems are too complex. This book is part of a series where the text and helpful suggestions are made at the back of the book to assist parents and other support people.

CC 375.1 HOL

P09346

Stand Up And Speak! Sit Up And Listen! Participation Of People With An Intellectual Disability In The Management Of Advocacy Services /

Robinson, Sally. / INTELLECTUAL DISABILITY RIGHTS SERVICE.

Surry Hills, NSW, IDRS : 1997. 26p

The report is the outcome of a project funded by the Commonwealth Department of Health and Family Services to develop, implement and review a range of strategies to encourage participation by people with an intellectual disability in the advocacy process of peak organisations. It is written in parallel text format and suitable for people with an intellectual disability

CC 346.013 ROB

P10006

Taking The Lead : A Leadership And Mentoring Resource Kit For Women With Disabilities / Frohmader, Carolyn; Storr, Ann.

Dickson, ACT, Women With Disabilities Australia : 2000. 280 p.

A resource tool for women with disabilities to develop a leadership and mentoring program within their own organisations. The kit provides information about Women With Disabilities Australia (WWDA), leadership models with practical examples, the benefits of mentoring and the different mentoring styles, how to form a group and keep it going, funding issues and applying for funding, specific issues for women with disabilities and a list of resources to assist with the development of a group.

CC 362.83 FRO

P11658

What's Good Support? Helping People To Speak Out / MENCAP.

London, Mencap : 1999. 1 videocassette (34 min.) + booklet

Discusses the role and responsibilities of a good supporter from the point of view of the person getting the support as well as the supporter. Filmed at a conference organised and run by people with an intellectual disability and their supporters

CC 346.0131 WHA

P09637

Would You Complain? / Tower Hamlets Primary Care Trust.

Newmarket, Suffolk, Inspired Services Publishing : 2007. 1 DVD (28 min.) + A4 booklet (19 p.)

Everyone has the right to complain if they are not happy about something but it is not always easy and people with intellectual disabilities can find it even more difficult. Featuring actors with intellectual disabilities, this DVD follows the story of two friends as they make two very different complaints. It is aimed at raising awareness of the right to complain amongst people with intellectual disabilities as well as exploring how people may feel about complaining. A booklet for staff and support workers includes support notes and suggestions to assist in getting the most out of the DVD.

CC 346.0131 WOU

P12231