

Activ Library eNewsletter – June 2017

This monthly listing includes new resources received in Activ Library in the previous month.

To request an item please phone 9387 0458 or email us at library@activ.asn.au.

The complete library catalogue can be searched via the Activ Library website:
<http://www.activ.asn.au/library>.

Autism

Being friends with Bodie Finch / Lawrence, Candy.

MonkeyRead.me : 2016. 38 p. ; 21 cm.

Zara doesn't want to go to school anymore because new boy Bodie Finch kicks over blocks, snatches toys, throws chairs and no one can understand a word he says. But when Miss Tinker arrives to share her understanding of autism, Zara sees what the world feels like for Bodie. This book provides a snapshot of the trials and triumphs of sharing an educational environment with a child with Autism spectrum disorder giving an insight into how they can be perceived, how their actions affect their peers and the role teachers and peers play in supporting complex relationships. A handbook for parents and teachers to help children learn about feelings, self-regulation and autism is also available at <http://www.monkeyread.me/bodiefinch/handbook>

SC/AUT LAW Autism - Children's Literature

P16091

How to start, carry on and end conversations : scripts for social situations for people on the autism spectrum / Jordan, Paul.

London Philadelphia, Jessica Kingsley : 2017. 88 p. ; 20 cm.

Aimed at teenagers, young adults and adults who have high functioning autism or Asperger's syndrome, this book explains how to make sense of everyday social situations that might be encountered at school, university or other group settings. The author has Asperger's syndrome and he aims to show with the use of 65 simple words that it is possible to create 'scripts for thinking' that break down conversations and help people to think of what to say. The book includes scripts that can be used to role-play situations and conversations. It covers situations such as dealing with bullying, making friends, managing conversations, special interests.

SC/AUT JOR Autism - Communication

P16073

The visual guide to Asperger's syndrome and anxiety : looking at anxiety in people with autism spectrum disorders / Rowe, Alis.

London, Lonely Mind Books : 2016. 101 p. ; 22 cm

The author is a young woman with Asperger's syndrome and she writes for people on the autism spectrum and their families and friends. This guide uses a series of short narratives, diagrams and graphs to explain why certain situations make people with autism spectrum disorders anxious. It demonstrates how anxiety in people with autism spectrum disorders can have different causes and magnified effects on people and consequently needs to be managed differently. The book includes coping strategies people on the autism spectrum may find useful. Aimed at adolescents through to adults with autism spectrum disorders and their families, carers and friends.

SC/ASP ROW

P16075

Wandering in people on the autism spectrum : a best practice resource for those caring for people on the autism spectrum / AMAZE.

Carlton, Vic., Amaze (Autism Victoria) : [2016]. 19 p. ; 30 cm.

This resource is designed to provide information to families and carers about best practice strategies in reducing and responding to the risk of wandering for people on the autism spectrum. It provides information about accessing professional assistance to develop a behaviour support plan to prevent wandering, explores important considerations if using restrictive practices to prevent wandering and measures to reduce risk of harm if their family member does wander and what to do if the person is missing. This publication is also available online at <http://www.amaze.org.au/uploads/2016/03/Amaze-Wandering-Resource-2016.pdf>.

SC/AUT WAN

P16080

Autism - Juvenile Literature

The ASD and me picture book : a visual guide to understanding challenges and strengths for children on the autism spectrum / Shaul, Joel.

London Philadelphia, Jessica Kingsley : 2017. 95 p. ; 23 cm.

This book is aimed at children aged 7 - 14 and provides simple self-exploration tools to help children identify their strengths and strategies to help them tackle challenges. It aids in increasing self-awareness and developing emotional maturity.

SC/AUT SHA Autism - Children's Literature

P16084

Behaviour Management - Children

Lost at school : why our kids with behavioral challenges are falling through the cracks and how we can help them / Greene, Ross W.

New York, Scribner : 2014. xv, 315 p. ; 22 cm.

This book describes the author's Collaborative & Proactive Solutions model to help parents and educators focus on the factors contributing to a child's challenging and disruptive behaviours at school and home, to address these factors and build helping relationships to improve collaboration. The program includes tools to identify the problems and lagging skills that cause challenging behaviour, practical guidance using examples to demonstrate how to improve interactions and reduce challenging episodes, guidance for successful planning and collaboration between teachers, parents and kids.

CC 305.2314 GRE

P16081

Dementia

Intellectual disabilities and dementia : a guide for families / Watchman, Karen.

London Philadelphia, Jessica Kingsley : 2017. 119 p. ; 22 cm.

A useful guide for families and carers of people with intellectual disabilities facing a possible diagnosis of dementia. It includes an explanation of the different types of dementia and discussion of other conditions or natural life changes that may be confused with dementia. The book includes information about how dementia is diagnosed, guidance on sharing the diagnosis with the person with an intellectual disability and support strategies that can be put in place for the health and care of the individual.

CC 616.8983 WAT

P16083

Emotions - Children

All birds have anxiety / Hoopmann, Kathy.

London Philadelphia, Jessica Kingsley : 2017. 65 p. ; 22 cm.

Explores the symptoms of anxiety disorder and their impact on day-to-day life through colourful images of life as a bird. Its humorous yet gentle approach recognises the stress that anxiety can cause, helping people to better understand how it feels to have anxiety. [Publisher website]

CC 305.23114 HOO

P16070

Beating anxiety : what young people on the autism spectrum need to know /

Hartman, Davida.

London Philadelphia, Jessica Kingsley : 2017. 109 p. ; 25 cm.

A book for children aged 8 - 14 years, this book explains anxiety and other emotions for people with autism spectrum disorders. It provides strategies for children to use to try and reduce anxiety and develop positive self-regulation habits. The book includes tips on recognising and learning about different emotions, expressing emotions and developing self-help techniques such as deep breathing, talking back to anxiety, thinking positive thoughts, relaxation techniques, mindfulness and dealing with panic attacks.

CC 305.23114 HAR

P16071

Independent Living Skills

The essential guide to safe travel-training for children with autism and developmental disabilities / Gallimore, Dr Desiree.

London Philadelphia, Jessica Kingsley : 2017. 215 p. ; 23 cm.

This book offers a step-by-step program to teach travel skills to people with an autism spectrum disorder or developmental disability of any age or ability. It covers goal setting, route planning, safety strategies and also practical skills including money handling, road crossing and use of public transport. The book includes case studies of approaches used to teach travel-training and the steps taken to develop travel training goals, planning travel, travel training techniques and fading out support to achieve successful independent travel.

CC 371.9 GAL

P16074

Pervasive Developmental Disorder

Pathological demand avoidance syndrome : my daughter is not naughty /

Sherwin, Jane Alison.

London Philadelphia, Jessica Kingsley : 2015. 326 p. ; 22 cm.

The author's daughter was diagnosed with Pathological Demand Avoidance Syndrome (PDA) at the age of 7 following many years of misdiagnosis. PDA was considered a separate syndrome within pervasive developmental disorders, but is now considered to be best understood as being part of the autism spectrum. The author outlines her daughter's development and their

experiences pre- and post-diagnosis. It describes her interactions and PDA traits including the need for control, meltdowns, obsessive behaviour and sensory issues. The author details strategies that have worked for her daughter and provides advice and information from professionals.

SC/PER SHE

P16082

Social Skills - Children

Say and do early social scenes for school : with questions and activities /

Simms, Susan Rose.

Greenville, South Carolina, Super Duper Publications : 2004. iv, 60 p. ; 28 cm.

A collection of 60 social skills lessons that primary school age children can use to learn successful social behaviours for everyday encounters at school. Parents or teachers read a short description about a picture which focuses on appropriate and inappropriate responses or behaviours by children in the scene. Children then answer questions that repeat the instructions from the scene, identify the behavioural issues, reinforce correct behaviour and encourage modelling the appropriate behaviour. The lessons are appropriate for any child having difficulty demonstrating appropriate social behaviour. Resources can be photocopied for use.

CC 305.2313 SIM

P16078

Say and do social scenes for home, school, and community : with questions and activities /

Simms, Susan Rose.

Greenville, South Carolina, Super Duper Publications : 2004. iv, 60 p. ; 28 cm.

A collection of 60 social skills lessons that primary school age children can use to learn successful social behaviours for everyday encounters at home, when out and about in the community and at school. Parents or teachers read a short description about a picture which focuses on appropriate and inappropriate responses or behaviours by children in the scene. Children then answer questions that repeat the instructions from the scene, identify the behavioural issues, reinforce correct behaviour and encourage modelling the appropriate behaviour. The lessons are appropriate for any child having difficulty demonstrating appropriate social behaviour. Resources can be photocopied for use.

CC 305.2313 SIM

P16079

Social scenes for daily living skills and feelings with questions and activities

/ Simms, Susan Rose.

Greenville, South Carolina, Super Duper Publications : 2006. iv, 60 p. ; 28 cm.

A collection of 60 social skills lessons that primary school age children can use to learn successful social and daily living skills and plan for common situations that involve specific feelings such as feeling excited, frustrated, disappointed. Parents or teachers read a short description about a picture which focuses on appropriate and inappropriate responses or behaviours by children in the scene. Children then answer questions that repeat the instructions from the scene, identify the behavioural issues, reinforce correct behaviour and encourage modelling the appropriate behaviour. The lessons are appropriate for any child having difficulty demonstrating appropriate social behaviour. Resources can be photocopied for use.

CC 305.2313 SIM

P16077

What were you thinking? : A story about learning to control your impulses /

Smith, Bryan.

Boys Town, NE, Boys Town Press : 2016. 30 p. ; 23 cm.

Third-grader Braden is a real character. He loves to be the centre of attention, but when he is corrected in class for ill-timed jokes and an impulsive reaction during a game, Braden's teachers and parents start working with him on how to control his impulses. [Book cover]

CC 305.2313 SMI

P16085