

# Specialist Disability Accommodation (SDA)



The words **we** and **us** in this book mean Activ.

## Hard words



This book has some hard words.



The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find out more information.



## What is SDA?

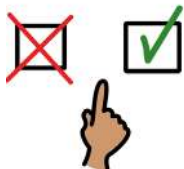


**Specialist Disability Accommodation** are a type of home.

We say SDA.

SDA homes help people with disability live a more **independent** life.

Independent means that you



- have a choice in what you want to do



- can ask for help if you need it



- can do some things by yourself



SDA homes are built to suit you and what you need.



SDA homes give you more choice about

- where you live
- who you live with

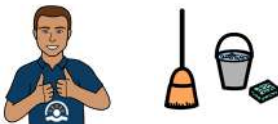


If you live in an SDA home you can get help from support workers to be more independent at home.

Support workers can help with



- cooking



- cleaning



- looking after yourself



- taking you to places

## Who lives in an SDA home



Not everyone can live in an SDA home.



People who can live in SDA homes need a lot of help at home.

People who live in SDA homes could have tried other things to be more independent that did not work.

## How to see if you can live in an SDA home



It can sometimes take a long time to see if you can live in an SDA home.



The first step is to have a meeting with us.



You can contact us to set up the meeting.

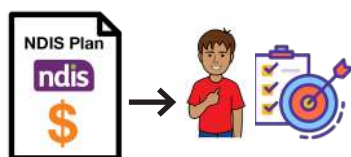


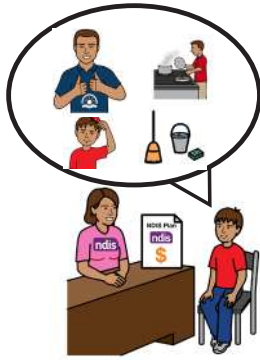
The second step is to have an **NDIS planning meeting.**



NDIS planning meetings are when you sit with your NDIS planner and talk about

- your goals
- the money you need in your NDIS plan to reach your goals

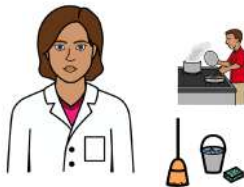




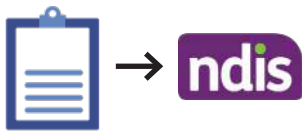
At your NDIS planning meeting you need to show the NDIS that you need help at home.



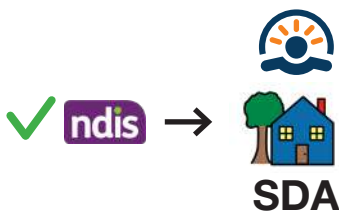
The third step is when we talk to your support coordinator and an **occupational therapist**.



An occupational therapist is someone who helps by seeing what you need to live an independent life.



The fourth is step is when the NDIS looks at a report that tells them why you should live in an SDA home.



If the NDIS says yes then you can work with us to find an SDA home to live in.



You can learn more about how to see if you can live in an SDA home here

<https://www.activ.asn.au/wp-content/uploads/2020/01/SDA-Journey-Final.pdf>

## What an SDA home looks like



SDA homes are made to suit the people living inside them.



From the outside SDA homes look like all other houses.



SDA homes are new.



They have things that help you to move around and be independent.

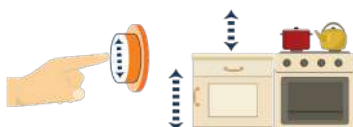
Like



- big door frames



- big bathrooms



- machines to help you do things at home



## How we can help



We can help you see if you can move to an SDA home.



Talk to us to see how we can help you.



## More information



You can call us.

Phone 08 9387 0555



You can visit our head office.

327 Cambridge Street

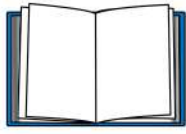
Wembley. WA. 6014.



You can fill out a form on our website.

<http://www.activ.asn.au/contact-us/>

## About this book



This book helps you understand our blog.



**SDA**

This blog is called

Our Guide to Specialist Disability  
Accommodation (SDA)



You can see this blog here

<https://www.activ.asn.au/blog/our-guide-to-specialist-disability-accommodation-sda/>



Activ wrote this book in November 2021.

**Boardmaker®**

We use pictures from

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