



Behaviour Support



When you see the word \boldsymbol{we}

• it means Activ



Behaviour means how you act

- with you body
- · and your voice



Some people use behaviour to say

what they need

· rather than words

We have help called Behaviour Support



Behavior Support means we learn:

• what you need

and then

help you get what you need



We work with you

- and get to know you
- so we can help you in the way that you want
- and need



We want you and the people around you to feel:

- calm
- · and safe



We work closely with:

- you
- your fammily
- people who support you



Our team has lots of skills so can help you with:

- how you move
- how you feel
- how you talk



We want to help you:

- be happy
- reach your goals



We can help you by:

• getting to know you



This means we:

- listen to you
- · learn what is important to you
- · learn what you enjoy
- · learn what you want
- and what makes you happy



We can help you by:

• making an Interim Behaviour

Support/Safety Plan



This means we quickly make a plan to:

- help you
- keep you safe
- · keep the people around you safe



We will use this plan

- until we get to know you better
- and can make a better plan
- · that will help you more



We can help you by:

making a Behaviour Support Plan



This means we:

- · learn as much as we can about you
- get you to do some tests
- ask lots of questions
- get help from different workers



This plan will:

- help you
- keep you safe
- · keep the people around you safe



We can help you by:

changing an old Behaviour Support

Plan



This means we:

- look at your plan
- · learn as much as we can about you
- get you to do some tests
- ask lots of questions
- get help from different workers



We will make changes to your plan to:

- help you more
- help the people around you



If you want to know more

- or you want this kind of help
- ways you can fund this kind of help
- contact us



Contact us:

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About this book



Activ wrote this book in November 2023

We use pictures from

Boardmaker

Canva

- Boardmaker by Tobii Dynavox
- Canva