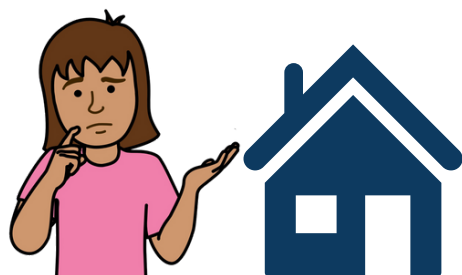


## Supported Living with Activ



When you see the word **we**

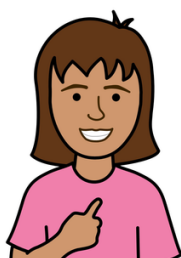
- it means Activ



We can help you to become more

**independent** in:

- how you live
- where you live

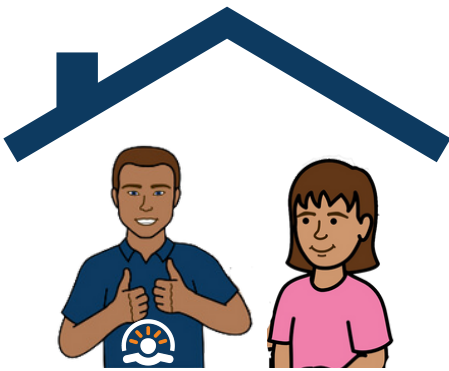


**Independent** means you can do things

for yourself



We can help you with **Supported Living**



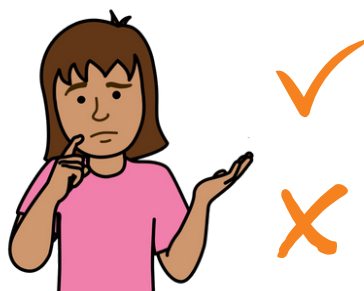
**Supported Living** means:

- you can get help in your own home



We can help you if you live in:

- your own home
- in a shared house
- in a rental



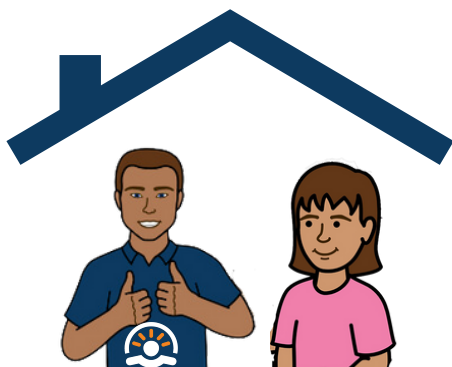
We have different types of help

- and you can pick which one you want



We have **Supported Independent Living**

- we call this **SIL**



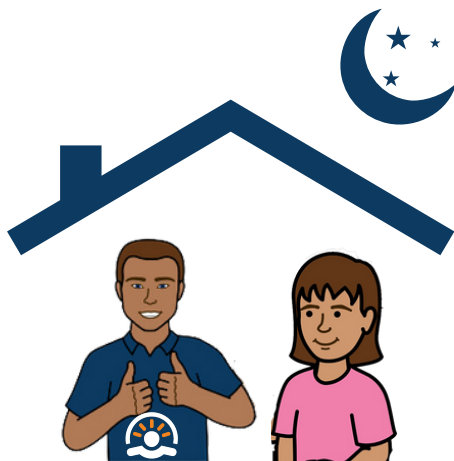
**SIL** means that someone from Activ will:

- help you to do daily tasks
- and help you to be more independent



Another type of help we have is called:

- **Onsite Overnight Support**



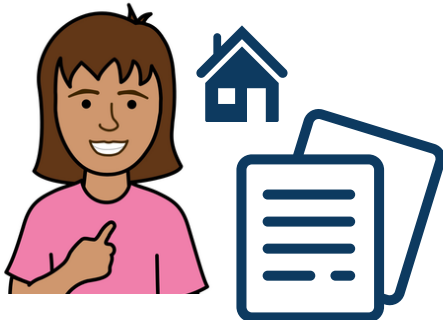
**Onsite Overnight Support** means:

- someone from Activ will help you in your house
- in the evenings
- overnight
- until the morning



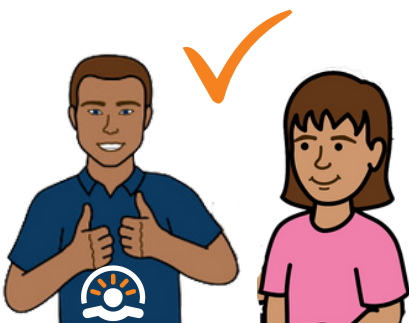
Another type of help we have is called:

- **Individualised Living Options**



**Individualised Living Options** means:

- we know everybody is different
- so we will make a plan just for you



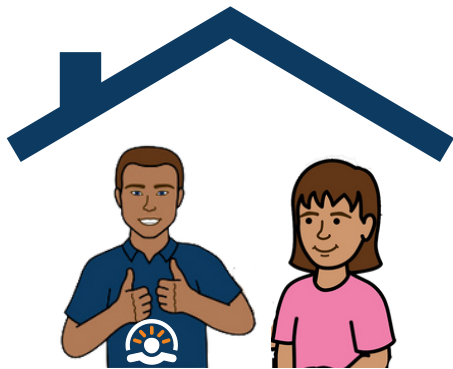
We can give you the help that you want

- and need



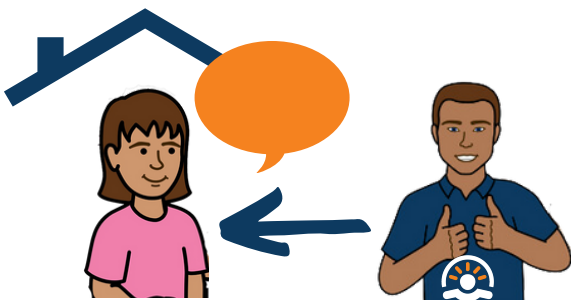
Another type of help we have is called:

- **Drop In Supports**



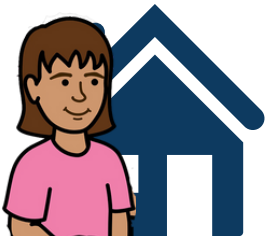
**Drop In Supports** means:

- somebody from Activ will come to your house
- when you need



They will come:

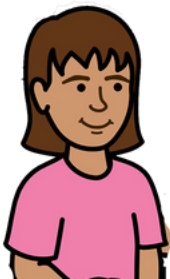
- when you need
- or when you ask
- and they will **not stay**



We have these different types of help

because:

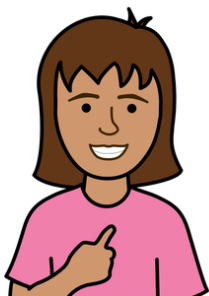
- you can live in your own home
- and help is always close



We can help you learn new skills to

be more independent like:

- cooking
- cleaning
- looking after yourself



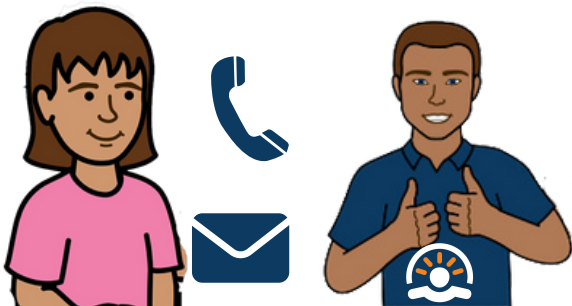
If you want to know more

- or you want this kind of help
- **contact us**



We can talk to you about:

- your goals
- how you can get this help
- which help you can get



Contact us:

- on the phone: 9387 0555
- on email: [hello@activ.asn.au](mailto:hello@activ.asn.au)



## About this book



Activ wrote this book in November 2023

We use pictures from

**Boardmaker.**

*Canva*

- Boardmaker by Tobii Dynavox
- Canva